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ABSTRACT

Suggestions for service learning projects that have been tested in schools around the state of Washington are presented in this guide. Several specific programs are described along with the rationale of why students should participate in service learning. Suggestions are given on how to develop an ethic of service, maximizing involvement, and logistics. A list of resource agencies and materials is included. (RJC)

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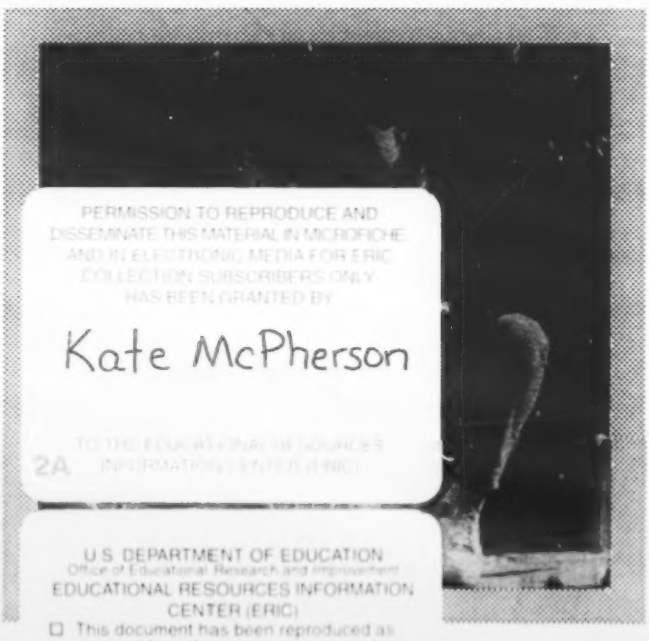
Leadership That Matters

A Guide for ASB and Service Club Officers and Advisors



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Creative Service Ideas From Across the State

Teens Need Teens
A group of high school students from all over Lewis County is dedicated to providing teens with education on safety, the harmful effects of drugs and alcohol, and other issues facing teens today. They have come up with creative solutions to these problems, such as offering alternative Friday Night Parties and providing a link between the teen community and local government. (W. F. West High School, Chehalis)

Adopt-a-Grandparent/ Nursing Home Project
Students have adopted grandparents from a nursing home, taking them out occasionally or just visiting to give them friendly support. (South Bend High School)

Heroes
High school students act as role models as they are paired with elementary students two or three times a month. The high school students help the younger students on in-class projects—as well as just talking and encouraging them. (Snohomish High School)

Money Drive for Children's Hospital
The students raised money for Doernbecher's Children's Hospital at Oregon Health Sciences University by participating in a torch relay from a park in Portland to the Children's Hospital. (Mountain View High School, Vancouver)

Creek Preservation Project
The Molecular Biology Classes helped in preserving a nearby creek by replanting trees and cleaning up the area. (Cheney High School)

Community Services Officer
One of the ASB officers at Port Townsend High School is responsible for making connections with the community, enabling students to provide hundreds of hours of service every year. (Port Townsend)

Graduation Requirement
All Shorecrest High School students complete 60 hours of community service before they graduate. (Shorecrest High School, Seattle)

Service Clubs
An after-school service club at Kopachuck Middle School involves more than 100 students in service teams. They provide care for Alzheimer's patients, tutor younger children, and are restoring a local park.

A growing number of schools are expanding opportunities for young people to help in their communities. Some schools are focusing on service within their school by developing peer tutoring and cross-age mentoring, while others are expanding opportunities for students to serve in community agencies. Many teachers also find that classroom learning becomes more meaningful as students apply skills and information to community needs.

This pamphlet is designed to help interested advisors, student leaders, community resource people, and agencies become aware of the variety of ways that schools can make service a conscious part of their school community. It will focus primarily on club-sponsored expressions of service and how service can become a part of the school. In addition, a small section will describe a few service-learning programs which incorporate service into their curriculum.

When I chose not to notice these people or even to not notice my grandparents, I was doing something incredibly mean.... I now realize that the easiest and most wanted contribution to these people would simply be myself.

— Student

Why Service?

Strengthen Your Leadership Skills
Having a chance to actually plan and implement a project that involves people from the school and the community is one of the best ways of practicing the leadership skills. It includes effective project planning, PR, effective time lines, thoughtful program development, and developing relationships. Action is the best test for your skills.

Address Real Needs
Your community needs you. There are young people in your elementary schools who come from troubled homes and need someone who cares. The environment will continue to get worse if you don't take local action to raise awareness and to participate in recycling programs. By taking action, you help initiate the steps needed to make your school or community a better place for you and others.

Experiencing the Joy
Students regularly talk about the happiness they experience from being helpful to other people.

Meet New People and Form New Friendships
Working together with other people within the high school to plan a service project is a great way to make new friends. Service can often break down the barriers we use to isolate ourselves. By extending ourselves to help people in the community, we also open up the opportunity to meet different kinds of people and to bridge and form new relationships.

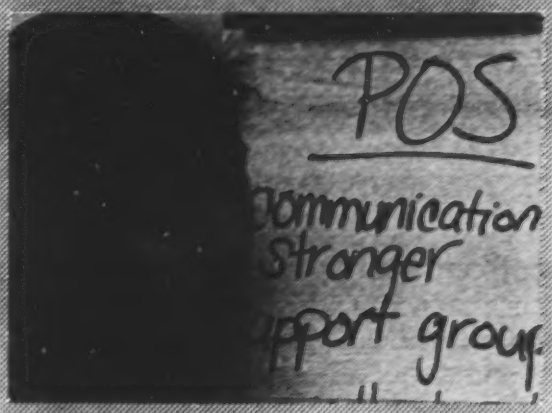
Clarify Your Career Goals
Service offers the best opportunity to test drive a variety of career interests. If you learn what kind of work you enjoy, you will make better educational and career choices.

Enhance Your Chances for Jobs and College Entrance
Scholarships and admittance are becoming more competitive. Citing your experiences in service can help strengthen your application. On job applications, being able to cite specific skills that you have demonstrated through service helps your potential employer have a better sense of your capabilities.

Get to Know Your Community Better
Through service, you can learn how community decisions are made, how programs are funded, and how local and state policies are made. When you understand how things work, getting involved is an easier choice.

Improve Relations Between the School and the Community and Between Adults and Adolescents
Too often adults only see students who are in trouble. They read about gangs and violence. Community service efforts enable these same adults to have positive personal contacts with the young adults.

Improve Your Health
Recent research indicates that people who help others live longer and enjoy their lives more.



Even though I cannot save the world by myself, I can do a lot to help those around me. This is a very important group of lessons to learn, for by teaching the youth of today that they can make a difference, you teach the adults of tomorrow to continue making a difference.

— Student

Service to the School Community

Youth as a Resource Within the School
At the heart, service is not an activity or a program. It is a way of viewing youth and an ethic. A number of schools are beginning to see how young people can play a significant role in addressing some of the most perplexing problems in their building. Rather than viewing youth as the recipients of service, they see them as a contributing force. Those students who are rarely asked to be of assistance have proven to be powerful contributors.

Peer Tutoring
Gig Harbor High School's library serves as a tutoring center for students needing and providing assistance.

Editing Center
Students with good writing skills provide editing services to students who are working on essays or large papers.

Computer Consultants
High school students in Issaquah have helped refine computer software systems, and they designed and installed the wiring for a district-wide computer network.

Facilities Design
Students in Mount Vernon's design class helped to develop the blueprints for a new classroom.

Recycling Program
To create more effective recycling in their school, students organize school competitions. They have an idea box for gathering ideas on recycling from students, and the student with the best idea each month receives a prize. One idea was to have a pop-can building contest where the class with the biggest and most creative structure won a prize. (Shorecrest High School, Seattle)

Improving Air Quality
Students at Peninsula High School tested the quality of air in the school. After learning that spider plants are one of the best plants for air purification, they provided one plant for each teacher.

Energy Conservation
Students could document heat loss and electricity waste and could develop a plan for conserving energy.

Service to Community Implemented Within the School

The simplest and quickest way to get started on a service project is to pick something that can be done right in your own school. If you are working with community agencies, be sure to allow enough time to identify the proper contact person.

- **Food Collection**. A one-time event or an ongoing program.
- **Clothing Drive**. A collection one-time or an ongoing program.
- **School Performances**. Open dress rehearsals to special audiences.
- **Used Book or Toy Exchange**. This collection can be one time or ongoing.

"Make A Wish"
The students raised money and fulfilled two disable kids' wishes. One of the wishes was for a playground made out of wood, and the other was a trip to Disneyland. They passed around cans to collect money and also set up a basketball game between district staff and the Mariners. (Lake Washington High School, Kirkland)

Valentine Senior Citizens Dinner
The students invite senior citizens to their lunch room and they serve them dinner. There is no charge and they also provide entertainment during the meal. (Marysville-Pilchuck High School, Marysville)

Senior Citizen Luncheon
Each year the sophomore class puts on a luncheon for local senior citizens. They have a concert in the auditorium, followed by lunch. The seniors are mostly single, lonely people who are made happy just by having kids around. (Fort Vancouver High School)

Buddies
Students in Gig Harbor High School's leadership class are buddies to elementary children, matched and trained by the elementary counselor. Students have made an incredible difference in the lives of children.

Piggyback Projects — Joining Existing Programs

Because many service activities are already set up, all you have to do is organize your group and sign up. Here is a sampling of some of the diverse activities that take place every year. A quick glance through the community section of your local newspaper will show you the great number of social service activities available in your area.

Meals-on-Wheels
Meals-on-Wheels delivers one noon-time meal a day to a homebound people unable to cook for themselves. A license is needed to deliver the meals, but cards, flowers, bookmarkers, and other tray favors made by younger students are popular with the participants in this program.

Special Olympics
Special Olympics athletes practice throughout the year, developing their skills in volleyball, basketball, track, and a variety of other seasonal sports. Special Olympics needs young people to join the evening practices and play with the special athletes. In addition, coaches and trainers with an in-depth knowledge of their particular sport are greatly needed. (Volunteer coaches must be 18 years old.)

Adopt-a-Highway
This project calls for group action on a routine basis. Have your class, club, or community group adopt a stretch of highway. They will need to meet once a month to collect the trash that gathers along the road. (206-753-6005)

Adopt-a-Family
Have a class or the entire school band together to help out a needy family. Kids can bring in canned food, clothing, shoes, blankets, books, and small toys for the children. A teacher, parent, or older student with a license can deliver the goods. This adoption can be a seasonal event or a year-round project. (North Thurston High School)

Toys-for-Tots
What would it be like to get up on Christmas morning and have no toys under the tree? The U.S. Marine Corps works every holiday season to make sure all children get a visit from Santa. Your could help them out by collecting toys at your school or throughout your neighborhood.

Christmas Adopt-a-Kid

- For Christmas, homerooms can raise money. Depending on the amount raised, they can adopt one to three kids. (Sehome High School, Bellingham)
- **Big Toys/Playground Equipment Project**. The students assemble playground equipment for elementary schools and pre-schools.
- **Adopt-a-Block**. The students clean up vacant lots in their town. (Quincy High School)

Possible Calendar of Piggyback Service Events

January
- Ski for Hope, Snoqualmie Pass
- Multicultural Awareness Month

February
- Blood Drive

March
- Beach Grass Planting

April
- March of Dimes Walk
- Earth Day
- National Youth Service Day

May
- Care to Dance

June
- Special Olympics (year round)

August
- American Cancer Walk-a-Thon

September
- United Negro College Fund Walkathon (292-8859)
- AIDS Walk, Northwest AIDS Foundation (329-6923)

October
- Halloween House/Safe Halloween Parties
- Rake and Run

November
- First American Thanksgiving Dinner

December
- Adopt-a-Family
- Adopt-a-Teen

Volunteering at Social Service Agencies

Students often volunteer with social service organizations after school hours or on weekends and vacation days. Many students undertake these service activities during the summer. Students most frequently do this on their own. However, some schools offer credit for students who complete a specified number of service hours; others offer a course during the school day; and still others provide a clearinghouse of service opportunities.

Linking Volunteering to Career Interests

Medical Fields

- Volunteer at a hospital.
- Serve on the board of a hospital foundation.
- Provide care outreach to an underserved population.
- Participate on an emergency search and rescue team.

Education/Children

- Volunteer at a day care center.
- Participate in a latchkey program.
- Help with an early childhood reading program.
- Provide activities for homeless children.

Recreation

- Coach children's teams.
- Develop an after-school recreation program.

Counseling/Human Services

- Distribute food.
- Provide tutoring.
- Participate in an adult literacy program.
- Provide physical therapy.
- Adopt-a-Child/Children.
- Teach horseback riding to children with disabilities.
- Provide care for special needs children.

Law

- Develop a consumer law clearinghouse.
- Assist new immigrants with paperwork.
- Help in a law firm.
- Develop a booklet that explains the law to students.
- Translate legal information into various languages.

Engineering
- Design equipment for special needs children.
- Develop equipment for elderly people who have arthritis or are hearing-impaired.

Carpentry/Metal Works
- Build wheelchair ramps.
- Help winterize houses for low-income families.
- Build a wheelchair garden as part of a city or county park.

Arts
- Develop a mural to beautify the community.
- Develop an after school or summer arts program for children.
- Organize an Art Fair and donate the proceeds to an arts program for the disabled.

Computer
- Develop a software game that teaches basic skills to young children.
- Develop a computer system that is more easily accessible by disabled children.
- Teach computer skills to teachers, parents, and/or senior citizens.
- Create a computer buddy program between your school and a local senior center.

Business/Sales
- Develop a marketing plan for a local agency.
- Organize a marathon and donate the proceeds.
- Develop a program that effectively markets the use of public transit to young drivers.

Veterinary
- Volunteer at the Humane Society.
- Help with wildlife preservation.
- Become a zoo caretaker or docent.
- Teach children about puppy training.
- Assist at advocacy groups—PAWS, etc.

Elder Care
- Deliver groceries and medicine.
- Visit nursing homes.
- Assist at Alzheimer's centers.

Environmental Technical Fields
- Adopt-a-Stream.
- Beautify the community.
- Clean up the neighborhood.

Group Volunteer Projects
- Rake and sack leaves at the homes of elderly persons. (Hanford High School)

Service as Part of the School Curriculum

As schools shape their service programs, they vary considerably. Some focus on *community service*, which encourages students to volunteer in the community, teaching them how to be active contributors and providing them with the experiences which will foster an ethic of service.

Others teach *specific community problem-solving skills* through a sequence of planning, implementation, and reflection. Sometimes these skills are taught through a club or an elective class, and some teachers incorporate these skills into a required portion of their curriculum.

Still others use *service learning* as an instructional approach, developing meaningful ways to connect curriculum content to community issues and concerns. There is growing interest in this approach for it makes learning more engaging at the same time that it teaches social responsibility. Resources on each of these approaches are described in the Resources List on page 18.

Service learning is a powerful way to enrich learning—providing it with a purpose and a connection between academic knowledge and community action.

A Course

Some schools offer a course during the school day which enables students to learn about social issues while actually addressing these issues. Auburn, Kennedy, Bellarmine, and Gig Harbor High Schools are just a few of the schools with such a course.

Part of a Course

Because service can enliven classroom learning, teachers throughout the state are working with their students to develop ways to apply the skills and information they are learning to significant community needs.

- **Teaching Others**. Some students provide a service as they teach others what they are learning in the classroom. For example, students who are learning Spanish could help tutor English-as-a-second-language students, providing a much needed service as well as strengthening their own language skills. Students learning negotiating skills could help provide playground mediation. Students who are developing their reading skills could read to younger children.

- **Producing a Helpful Product**. Other classrooms develop products which can be shared with the greater community. Elementary students in Woodinville documented their local history in a book which has been reprinted several times due to its popularity. Middle school students at Kopachuck Middle School produced a newspaper which creatively captured "The Day in the Life of a Middle School Student" and answered questions about hobbies and interests. This newspaper was sent to students in other countries to help them have a more accurate portrait of life in smaller communities.
- **Addressing Significant Issues**. Still others encourage students to address a significant issues. Students in a science class might collect and analyze data on their local streams to determine the amount of pollutants. Students might write letters to the editor or to Amnesty International. Rather than merely discussing prejudice, students are developing specific strategies for addressing the issue in their own school.

Teachers throughout the state are developing creative ways for students to provide important services and make learning come alive. For more information, contact Project Service Leadership (206) 576-5070 for resource materials and a regional newsletter.

Though I am just one of the many volunteers who worked there, it feels as if I've made a big difference. It makes me feel good to be a part of something that will be of great impact and help to the life of another.

— Student

Developing an Ethic of Service

Promoting Service

Some schools incorporate service into their athletic team program, clubs, or associated student body. The following are just a few of the many creative ways schools are getting their students involved.

Bulletin Board
In some schools there is a bulletin board that has photographs of students who are involved in different service projects and that highlights the needs and opportunities that are currently available.

ASB Funds
Some schools require that any club which is receiving ASB funds must give back in some way to its school or community as a way of compensating for the support they are receiving.

Service Officer
Port Townsend High School has an officer who coordinates community service projects for the school. He contacts the community and identifies possible projects and organizes them so that students can easily get involved.

Volunteer Fair
Several schools in Washington sponsor a Volunteer Fair on their campuses. Various agencies provide displays, and students visit the "fair" during a set period of the day to ask questions and to sign up to volunteer.

Volunteer Clearinghouse
Some schools have a directory of all the service opportunities available. This directory is frequently updated, and some students volunteer to operate the center.

Serve-a-Thon
On one day, hundreds of students are involved in service projects throughout the community. The projects might be coordinated by various service clubs or organizations, and students are recruited to donate their time—helping to rehabilitate houses, gardening, restoring streams, cooking meals for the hungry, and painting houses for the elderly.

Team Service
A number of coaches are finding that service is a powerful vehicle for building strong

teams and for developing leadership skills. The football team at Cascade High School in Everett has developed a buddy program which matches players with young children. Members of the Gig Harbor High School football team visit local convalescent centers to watch Monday night football with the senior citizens.

Recognition

Schools are developing a variety of ways of recognizing service.

Transcripts

Bellevue Public Schools cites the number of hours a student has served in the community on student transcripts.

Academic Credit

The Tacoma Public Schools offer elective credit for students who complete 75 hours of community service and a reflective paper.

Awards

A number of school districts give specific awards to young people who serve. In Skagit County, county commissioners provide a letter of commendation for students who have completed the minimum of 50 hours of service to the community or school.

Scholarships

A number of local colleges, such as Seattle University, provide scholarships for service. The Seattle Post-Intelligencer's Olympic Scholar Program specifically honors students who are academically talented and who have channeled this gift toward the community.

Service Letter

Some schools provide a school letter (like an athletic letter) for completing a specified number of hours.

Suggestions

What priorities are currently reflected in your awards, announcements, and assemblies? How might service become more central to your school's mission or purpose?

Maximizing Involvement

Making Service Attractive and Meaningful
Make sure the service project is viewed by the community and the students as significant. Too often the service is a gesture and students know that it's just "busy" work. Through needs assessments, presentations by students and community members, agency visits, newspaper searches, and in-depth discussions, students can discover the issues and the actions for which they have passionate interest. This internal commitment is central to an effective service projects which is initiated by the students.

Link Service With Student Talent and Interest
Help students identify their interests and develop creative ways to match that interest with a service project. Make sure you extend an invitation to students who might not otherwise participate.

Make the Service Experiences as Human and Personal as Possible
Develop opportunities for students to examine what they have learned about themselves and about the community agencies and organizations. As much as possible, encourage students to become acquainted and work side-by-side with people different than themselves.

Training and Preparation
Both students and community organizations need to make sure that they receive the training that will enable them to be successful. The training needs to include an orientation to issues or agency or client, building skills needed to perform service, and follow-up and closure. Participants also need an opportunity to address questions, concerns and assumptions.

Support Structure
Have a specific person or structure that supports students in knowing how they can get involved. Bellevue School District has a parent who provides that service; at Port Townsend High School, a student provides the link. In Mount Vernon, an aide in each school coordinates volunteers, helping to bring adults into the school and getting students out into the community.

Reflection

While service can be the best teacher of citizenship and empathy, we can also have rich experiences and learn nothing. Adults can help their "students" and themselves learn more from service projects by discussing and reflecting on these experiences. Not only will this reflection help students learn from a single event, but it will also help develop their capacity to think about complex issues and enhance their capacities to become lifelong learners.

Through discussions, reflective writing, presentations, and art products, students can be encouraged to examine the implications of what they have accomplished, what they have learned about themselves and their community, and how these lessons can inform future efforts.

Anything you see a need for, don't let others do it. Do it yourself. If you can touch one person in any way, you can save the world

— Student

Logistics

Liability
This is one of the first questions people ask when discussing community service. Many forms of service can be done within the regular classroom time and structure. However, if you plan to go "outside the four walls," like an athletic coach or a career counselor, you need to consider liability. While incidents are very rare, the growing fear of lawsuits makes people cautious. Be sure to check with the ASB advisor and/or school principal to clarify what steps you need to take to cover your bases.

Transportation
Many service projects can be done within the classroom and do not require transportation; others require only occasional trips to community agencies or sites. If regular transportation is necessary, schools can address the issue in a variety of ways.

- Some schools build in a transportation budget into their request for ASB funds.
- Some schools supply bus tokens or fares. Students frequently receive a special rate on public transportation.
- Many agencies or organizations have vans that can be used to transport young people to and from the site.
- Students who drive themselves to sites must be covered by their own insurance or family insurance. Students who are eighteen are considered to be adults, so you might encourage 18-year-olds to be the key drivers. It would be advisable to verify that students have a valid license and a good driving record. Parents must also be informed of the legal implications, and parents should sign a release form which should be kept on file.
- When students must travel in high-crime areas, it is best to have them travel in groups of two or more with appropriate supervision.

Contributions
Washington legislation requires that students fund raising for nonprofits must be limited to direct contributions. Students can not provide a service or a product (i.e. dance or books) which are then used to produce revenue. Contact your school activity coordinator before you finalize your fundraising efforts.

Resources

Adopt-a-Family
Contact the local DSHS office.

Adopt-a-Stream
Help re-establish streams and habitats for fish and wildlife. Contact (206) 388-3313.

Association of Washington School Principals
Provides leadership training and assistance for school ASB officers and leaders. Brian Barker (206) 357-7951 or CISPUS Learning Center, 1021 8th Avenue SE, Olympia WA 98501-1500.

Earth Service Corps
Learn how to get young people involved in environmental education for action. Mary Smith, Earth Service Corps, YMCA of Greater Seattle (206) 382-5334.

Project Service Leadership
Provides technical assistance and resource materials to K-12 teachers, schools, and districts interested in developing effective service-learning programs and policies. 12703 NW 20th Avenue, Vancouver WA 98685 (206) 576-5070, fax (206) 576-5068.

Recycling
Contact your local city or county public works department for recycling needs and resources.

Special Olympics
Provides activities and competitive events for people with disabilities. The state office can connect you to the local coordinator. 1-800-752-7559.

United Way/Voluntary Action Centers
Most communities have a volunteer clearinghouse that can help identify projects and agencies. Contact your local United Way office.

Volunteers for Outdoor Washington
Provides training and service opportunities for trail and recreation resources maintenance. 4516 University Way NE, Seattle WA 98105-4511 (206) 545-4868.

Washington Literacy
Provides statewide access to resources and referrals. (206) 461-3626.

Washington State Campus Compact
Serves as a clearinghouse for Washington colleges and universities interested in developing service programs and possible partnerships with the K-12 system. Old Main, 285 Western Washington University, Bellingham WA 98225 (206) 647-7312.

Washington Service Corps
The Corps is a state-funded service leadership and training program which provides full-time stipend service experiences for young adults 18-25 throughout the year; and youth 15-18 during the summer. The service projects are designed to meet local needs. Washington Service Corps, Employment Security, MS 6000, Olympia WA 98504-5311 (206) 438-4072.

Youth Partnership in Service
Provides assistance to schools, youth, and community organizations in King County. c/o United Way of King County, 107 Cherry Street, Seattle WA 98104 (206) 461-3700.

Resource Books

Middle School

- *Adventure of Adolescence* by Catherine A. Rolzinski. Explores the experiences of seven middle school youth service programs. Make checks payable to Youth Service America, 1319 F Street, NW Suite 900, Washington DC 20004. $14.
- *Kid's Guide to Social Action* by Barbara A. Lewis. Classroom guide to solving social problems and turning creative thinking into positive action. Free Spirit Publishing, 400 First Avenue N, Suite 616, Minneapolis, MN 55401-1724. $14.95 + $3.25 handling. 1-800-735-7323.
- Giraffe Project Teaching Kit, Grades 6-8 and Grades 9-12. Activities that can be used by a classroom or club which teaches the steps of powerful social action. It includes the stories of "giraffes," people who stick their neck out to help the community. The Giraffe Project, P.O. Box 759, Langley WA 98260 (206) 321-0757. Kits $75 each.
- *Learning by Giving*. Curriculum for K–8 Service. Filled with lesson plans and resource materials. NYLC, 1910 county Road B, Roseville MN 55113. $45.
- *Starting in the Middle*. Leadership course curriculum. Association of Washington School Principals (206) 357-7951.
- VYTAL (Volunteer Youth Training And Leadership). A comprehensive collection of activities that enable students to see the value of service and to develop specific service action plans. VYTAL Manual available from the Volunteer Action Center United Way of Allegheny, 200 Ross Street, PO Box 735, Pittsburgh PA 15230 (412) 261-6010. $25.

High School

- *Building Leaders for Life*. Leadership course curriculum. Association of Washington School Principals. (206) 357-7951. $50.
- *High School Curriculum*. Maryland Student Service Alliance. A course curriculum that includes units on aging, disabilities, homelessness, and environment. Maryland State Department of Education, 200 West Baltimore Street, Baltimore MD 21201 (301) 333-2427. $20.

- *Enriching Learning Through Service.* Provides a summary of the research that supports service and provides specific examples of how teachers have enriched their classroom learning through service. Project Service Leadership, 12703 NW 20th Avenue, Vancouver WA 98685 (206) 576-5070, fax (206) 576-5068. $12.50 + $2.50 handling payable to the School Improvement Project.
- *150 Way Teens Can Make A Difference* by Mariam Salzman and Teresa Reisgies. Steps for taking action and a comprehensive list of organizations and action plans. $7.95. Peterson's Guide 1-800-338-3282.
- *Making a Difference.* A student guide to planning a service project. Includes project definition, time management, phone call techniques, etc. $3 payable to the Washington Leadership Institute, 310 Campion Tower, Seattle University, Seattle WA 98122 (206) 296-5630.

Reflection

- *Learning Through Service.* This guide helps teachers and community advisors to more effectively facilitate discussions and reflective activities. Practical examples. Project Service Leadership, 12703 NW 20th Avenue, Vancouver WA 98685 (206) 576-5070, fax (206) 576-5068. $5.50 payable to the School Improvement Project.

Special Education

- *Special Education Curriculum.* Maryland State Department of Education, 200 West Baltimore Street, Baltimore MD 21201 (301) 333-2427. $12.50 payable to Maryland Student Service Alliance.

Peer Assistance

- *Becoming a Friendly Helper: A Handbook for Student Facilitators* by Robert D. Myrick & Robert P. Bowman. Educational Media Corporation, MI, 1981.
- *Youth Helping Youth: A Handbook for Training Peer Facilitators* by Robert D. Myrick & Tom Erney, Educational Media Corporation, MI.

Videos

- *The Courage to Care; The Strength to Serve.* Maryland State Department of Education, 200 West Baltimore Street, Baltimore MD 21201 (301) 333-2427. $12.50 payable to Maryland Student Service Alliance.
- *Hearts and Minds Engaged.* Cites examples of service learning in middle and high schools in Washington. West Educational Publishing Company. (612) 687-7482.

Principals in the state of Washington have long recognized the value of service. We are pleased to co-sponsor this publication which provides creative ideas and practices which have been successful in our schools.

— Dr. Catherine Davidson
President, Washington Association
of Secondary School Principals

"Young people are our most valuable resource." Learn how schools throughout Washington are putting this rhetoric into action, and discover how you and your school can unleash the power of youth leadership through service.

— Kate McPherson
Director, Project Service Leadership